



Joint Media Alert from Solano County and Solano Land Trust

Coming Event: Lynch Canyon Trail Run and Community Hike

Date and time: Saturday, May 30, 2009 - race and hike begin at 8 a.m.

Contact: Preregister at www.lynchcanyontrailrun.blogspot.com, or call Teri Engbring at Solano Land Trust, 707-432-0150, ext.200

Get ready for the 2nd annual Lynch Canyon Trail Run and Community Hike on Saturday, May 30! Everyone is welcome, from seasoned trail and marathon runners, to families looking for a beautiful place to exercise together at their own pace.

Three events will take place May 30th in the rolling hills and valleys of the Lynch Canyon Open Space just east of Vallejo—a half marathon, a 10k run, and a 2.5 mile community hike. Runners will launch at 8 a.m. on a challenging route that loops from valleys to ridge tops around the park, followed by hikers on a scenic route of more moderate difficulty.

“This event is a chance for everyone to get outdoors, escape into nature, enjoy a fun event and get healthy exercise, while supporting open space in our area,” said race director Chris Abess. The runs and hike are organized by a team of local volunteers including Abess, Todd Rewick, Buzz Higgins, Eric Simoni, Jim Reikowsky, and Eldrith Gosney.

Registration is required for participants in the half marathon (\$35) and 10 kilometer (\$25) trail runs, and is available before May 30 at www.active.com. Runners can also register on race day between 6:30 and 7:30 a.m., for \$5 more. Community hike participants do not need to register in advance, but must complete the 2.5 mile hike by noon to receive a certificate recognizing their accomplishment. There will also be goody bags for children who complete the hike.

This competitive event is presented thanks to the generous support of Deloitte, Baja Fresh, Bay Area Ridge Trail Council, Fleet Feet Vacaville, Georgia House Graphics, Jelly Belly, Kaiser Permanente, McDaniel Callahan team, Montrail, Norcal Waste Systems, Solano County Parks, Solano Land Trust, Solano Stampede, Valero Benicia Refinery, Vallejo Chamber of Commerce, and Vallejo Convention and Visitor’s Bureau.

For race/hike information, see the website at www.lynchcanyontrailrun.blogspot.com or call the race hotline at Vacaville Fleet Feet store, 707-449-9266.

For more information about Lynch Canyon and other Solano Land Trust sites and programs, or to volunteer to help with the event, call Teri Engbring at 707-432-0150, ext 200.

Owned by the Solano Land Trust, Lynch Canyon has been operated since May 2007 in partnership with Solano County Parks. This jewel of Solano County is home to spectacular views, fascinating wildlife and a great trail network. On this historic ranch land, visitors enjoy 360-degree scenic views from the Golden Gate Bridge to the Sierras, strategically placed picnic areas, and shady groves of native oak, bay, willow and buckeye. Over 10 miles of trails are maintained for hikers, equestrians and mountain bikers. The diversity of habitats makes it a hot spot for viewing native wildlife from golden eagles to western bluebirds.



Runners at start of the first Lynch Canyon Trail Run in 2008. Photo by SLT staff

Additional photos available on request